

Provost Adult Learning & Literacy Newsletter

Volume 3 Issue 7
September 2011

It's a new season and we are so excited to start our new course calendar for the fall. Please see the course listing in our newsletter as well as on our website. There is something for everyone to participate in. Our course categories include:

Hobbies and Special Interest: Start a new hobby or take a refresher course to upgrade

Employability: Upgrade your existing skills or start a new career with one of our employability courses. These courses are for both people that are currently employed and those who wants to start a new job. A certificate of completion will be awarded to all who complete the course successfully.

Videoconference: We have some new and exciting videoconference sessions coming up in the fall which are worth taking. These sessions will be very informative and interactive - you will absolutely enjoy them!

Health and Safety: Whether you want to take a First Aid course, renew your existing one, getting certified to work with children or having your child take a Home Alone course, EEOC is the place to take it. Our instructor will guide you through it all.

Fitness Courses: Stay in shape by taking Hatha yoga or kickboxing. Both instructors are new and are very excited to work with you.

Computers: Are you just starting to use the computer and would like some assistance? Please join us, we are more than happy to help you.

Community: Join one of our community programs. We have our senior day trips coming up. There are two more left in the season so sign up today!

Pre-Registration: Sign up and pay two weeks before the course starts and receive a discount.

Learning is fun! Call 780-753-2822 to register



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EEOC Community Awareness Night 2011

Monday September 12th, 7-9 pm
Provost Recreational and Culture
Center

Call to book a table for your
organization or come check us out!

EEOC is an
Adult Learning Council funded by Alberta
Advanced Education & Technology.

Member of



Provost Adult Learning & Literacy Course Calendar - Fall 2011

Course	Location	Date(s)	Time(s)	Pre-Register	Pre-Reg Date	Course Cost
"Computer Tutor" Drop-In	Computer Lab	Tuesdays 1:30—3:30 pm and Fridays 9:30—11:30 am		Donations Accepted		
Violin Lessons-Videoconference	VC Room	By Appointment on Mondays	9-11 am	n/a	n/a	n/a
Black and White Sketch	CLC Room	Monday Sept 12, 19, 26, Oct 3	7-9 pm	\$50	Sept 6	\$60
GED Prep (Mathematics)	VC Room	Wed Sept 14, 21, 28, Oct 5, 12, 19	7-9 pm	\$60	Sept 6	\$70
Hand Building For Kids	CLC Room	Sat Sept 17 & Oct 1	1-5 pm (both days)	\$95	Sept 2	\$105
Introduction to Digital Photography	CLC Room	Mon Sept 19, 26, Oct 3, 17	7-9 pm	\$60	Sept 6	\$70
Basic Bookkeeping	CLC Room	Tues Sept 27	10 am-1 pm	\$70	Sept 13	\$80
Seniors On The Move - Reynolds Museum	Wetaskiwin, AB	Sat Sept 10	8 am	Pay for meal	Full	Pay for meal
Defensive Driving	CLC Room	Tues & Wed Sept 27 & 28	6:30-9:30 pm	\$100	Sept 15	\$110
Food Safety Online Course through NAIT: FNM90	Online	4 weeks, Self-Paced	Self-Paced	\$160 +	n/a	\$160 +
Alberta Payroll Regulations	CLC Room	Tues Sept 27	2-5 pm	\$70	Sept 13	\$80
Book Club	Various	Last Monday of each month	8-10 pm	\$10 to join	Ongoing	\$10 to join
Ed2go Online Courses	Online	Session Starts Sept 21, Oct 19, Nov 9	Self-paced	\$119	Ongoing	\$119

Fitness for a Healthy Community - Class Schedule Sept-Dec 2011						
Course	Location	Date(s)	Time(s)	Pre-Register	Pre-Reg Date	Course Cost
Hatha Yoga (10 wks)	CLC Room	Mon Sept 19, 26, Oct 3, 17, 24, Nov 7, 14, 21, 28, Dec 5 (No Class on Oct 10 & 31)	6-7 pm	\$115	Sept 6	\$115
Hatha Yoga (10 wks)	CLC Room	Wed Sept 21, 28, Oct 5, 12, 19, 26, Nov 2, 9, 16, 23	6-7 pm	\$115	Sept 7	\$115
Kickboxing (10 wks)	Rec. Center	Tues Sept 20, 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22	9-10 am	\$155 (1) \$300 (2) \$450 (3)	Sept 6	\$155 (1) \$300 (2) \$450 (3)
Kickboxing (10 wks)	Rec. Center	Wed Sept 21, 28, Oct 5, 12, 19, 26, Nov 2, 9, 16, 23	8-9 pm	\$155 (1) \$300 (2) \$450 (3)	Sept 7	\$155 (1) \$300 (2) \$450 (3)
Kickboxing (10 wks)	Rec. Center	Thurs Sept 22, 29, Oct 6, 13, 20, 27, Nov 3, 10, 17, 24	9-10 am	\$155 (1) \$300 (2) \$300 (3)	Sept 8	\$155 (1) \$300 (2) \$450 (3)

Provost ESL Classes and Adult Literacy



English as a Second Language (ESL) September/October Schedule
 Class times are 10 am to 12 noon at the Provincial Building.



- Wednesday September 7 (Activity)
- Thursday September 8 (Class)
- Wednesday September 14 (Class)
- Thursday September 15 (Class)
- Wednesday September 21 (Class)
- Thursday September 22 (Activity)
- Wednesday September 28 (Class)
- Thursday September 29 (Class)
- Wednesday October 5 (Class)
- Thursday October 6 (Class)
- Wednesday October 12 (Class)
- Thursday October 13 (Class)
- Wednesday October 19 (Class)
- Thursday October 26 (Class)
- Wednesday October 27 (Class)

September 7 ESL will kickoff with a nature walk by Dillberry Lake. Please meet at the Provincial Building at 9:30 am. **Come prepared to have a fun and enjoyable time!**

English as a second Language Activity and cooking classes to be determined

Provost Adult Learning & Literacy
Lifelong Learning ... it's our business.

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Sessions Start Sept 21, Oct 19, Nov 9

On-Line Courses Led by Expert Instructors
Interactive Discussion Areas - New Sessions Begin Monthly
12 Lessons . . . 24/7 Learning, at Home

New Course:

Creating Web Pages

Create and post your own Web site on the internet using HTML in this hands-on, six week workshop. Learn about the World Wide Web, the fundamentals of web design and much more.

New!

Career Training Program Online Courses

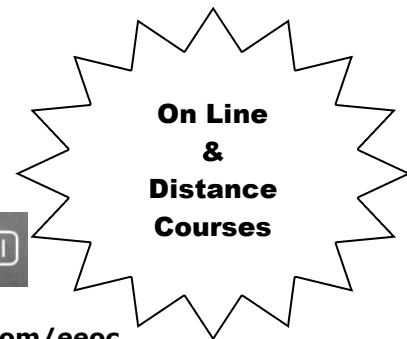
EEOC has once again partnered with ed2go to start a new course catalog called ***Career Training Program***. Check out our catalog under online courses on our website.

- Prepare for industry certification or new career
- Start Anytime
- Many programs completed in less than six months
- In-depth study, all learning materials provided
- Personal Instructor assistance
- Certificate of completion awarded with passing score

See www.ed2go.com/eeoc for a full listing.



www.ed2go.com/eeoc



~ Get Email Updates ~

To subscribe to **@eeoc-Connect** our monthly Email Updates, send name and email address to us at:
programs@provostlearning.ca

Visit us on Facebook!
We're listed under Groups -
Provost Adult Learning & Literacy

www.provost.ca/eeoc

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Books for Babies

EEOC provides books that are distributed to all families with new babies in the MD of Provost.



We do
EXAM INVIGILANCE
Call for Appointment



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