

Provost Adult Learning & Literacy Newsletter

Volume 2 Issue 6
September 2010

EEOC Fall Kickoff

A new season is here, and Provost Adult Learning & Literacy has innovative and exciting courses to offer. From toddlers to seniors, there's something for everyone at EEOC.

Back by popular demand is our Family Literacy program, "Tiny Tot Tales"; Home Alone Safety for youth and pre-teens, and our Seniors On The Move day trips are always a huge success. For the entire community we offer **free computer and internet** usage, resume development and printing, career and employment resources, exam invigilation, photocopying and faxing.

EEOC **computer and technology courses** provide 1-on-1 drop-in tutoring in basic computer literacy, Memory Manager and Digital Storybook. Technology Today teaches functions and application basics of cell phones, blackberries, digital cameras, PDA's and other personal management equipment. **Employability courses** cover basic bookkeeping and simply accounting, interior design and safety courses. New this year is a 12-week online GED prep course through Norquest College. Examinations must be taken through Lakeland College. Food Safety governance has undergone many changes; to offset those, this year we offer a 4-week online course through NAIT, with exams given in Provost by appointment with Gordon Corcoran.

Our regular **safety courses** include: Standard First Aid and First Aid Recertification, Standard Childcare First Aid, Hunter Training, and Women's Self Defense. The Babysitter's course is held every spring, and Home Alone in the fall.

Videoconference sessions on Board Member Development and a workshop on Wills, Personal Directives & Powers of Attorney take place this fall. Online courses from Ed2Go, eCampus Alberta and many other colleges and universities are available with a wide range of subjects, from business courses to computer technology, to environmental courses, to languages. A monthly Book Club, Yoga and Kickboxing fitness classes, Ballroom Dance and Bellydancing, Drawing, Writing and other special interest courses are also available. Call or check out our website - there's something for everyone in your family and the members of our community.

Learning is fun! Call 780-753-2822 to register.



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EEOC

Community Awareness Night 2010

Monday September 13th, 7-9 PM
Provost Recreation and Culture Center

Come Check Us Out

EEOC is an
Adult Learning Council funded by Alberta
Advanced Education & Technology.



Canada



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Alberta
connecting the nonprofit/voluntary sector



Provost Adult Learning & Literacy Course Calendar - September 2010

Course	Location	Date(s)	Time(s)	Pre-Register	Pre-Reg Date	Fee
“Computer Tutor” Drop-In	Computer Lab	Tuesdays 1:30—3:30 pm and Fridays 9:30—11:30 am		Donations Accepted		
Violin Lessons-Videoconference	VC Room	By Appointment	9-11 am	n/a	n/a	n/a
Board Member Development Series (4 Sessions)	VC Room	Thurs Sep 9, 16, 23, 30	6:30 - 8:30 pm	\$10/session	Sep 3, 9, 16, 23	\$10/session
Seniors On The Move - Frenchman’s Butte	Frenchman’s Butte	Mon Sep 20	8:30 am	Pay for Meal	Full	Pay Meal
Technology Today: Basic	CLC	Tues & Thurs Sep 21, 23, 28, 30, Oct 5, 7	7-8 pm	\$55	Sep 10	\$65
Book Club	Various	Sep 27, Oct 25, Nov 29	8 pm	\$10 to join	Ongoing	\$10 to join
Open Drawing Course	CLC	Wed Sep 29, Oct 6, 13, 20	7-9 pm	\$50	Sep 15	\$60
First Aid Recertification	CLC	Thurs Sep 30	5:30-11:30 pm	\$115	Sep 24	\$115
Standard First Aid	CLC	Sat/Sun Oct 2 & 3	8:30 am - 5:30 pm	\$150	Sep 24	\$150
Wills, Personal Directives & Powers of Attorney	VC Room	Tues Oct 5	7-9 pm	\$10	Sep 21	\$10
Food Safety Online Course through NAIT: FNM90	Online	4 weeks, Self-Paced	Self-Paced	\$160+	n/a	\$160+
GED Prep - Online through Norquest/LakelandCollege	Online	12 weeks, Self-Paced	Self-Paced	\$333+	n/a	\$333+

Fitness for a Healthy Community

Course	Location	Date(s)	Time(s)	Pre-Reg	Date	Fee
Hatha Yoga (10 weeks)	CLC	Mon, Sep 20-Nov 29	6-7 pm	\$115	Sep 14	\$115
Kickboxing (10 weeks)	Central Park	Tues Sep 21-Nov 23, or Wed Sep 22-Nov 24, or Thurs Sep 23-Nov 25	Tues/Thurs 9-10 am Wed 7:30-8:30 pm	\$155 (1) \$300 (2) \$450 (3)	Sep 17	\$155 \$300 \$450
Belly Dance Weekend Workshop	CLC	Tentative Dates Available: Sat/Sun Sep 25 & 26, or Sat/Sun Oct 9 & 10	10-12 noon and 1-3 pm	\$75	Taking Names	\$85



Provost ESL Classes and Adult Literacy



English as a Second Language (ESL) Sep/Oct Schedule Class times are 10 am to 12 noon at the Provincial Building.

- Wednesday September 8 (Kickoff)
- Thursday September 9
- Wednesday September 15
- Thursday September 16
- Thursday September 23
- Wednesday September 29 - Activity
- Thursday September 30
- Thursday October 7
- Wednesday October 13 - Activity
- Thursday October 14
- Wednesday October 20
- Thursday October 21
- Wednesday October 27

Curriculum used will be "Side By Side". Class schedules are subject to change.
Please check our website or subscribe to our E-Update for current information.
Individual tutoring with trained volunteer tutors is also available.

International Literacy Day September 8, 2010 "The Power of Women's Literacy"

On International Literacy Day each year, UNESCO reminds the international community of the status of literacy and adult learning globally. Despite many and varied efforts, literacy remains an elusive target: some 759 million adults lack minimum literacy skills which means that one in five adults is still not literate; 72 million children are out-of-school and many more attend irregularly or drop out.

Find out more at:
<http://www.unesco.org/en/literacy/>

Pre-registration is required for all classes. Classes without sufficient registration will be cancelled. Registrations will be accepted on a first come, first served basis. Courses are held in the Provost Provincial Building unless otherwise stated.

Family Literacy Tiny Tot Tales

Sherry Gagné is the instructor for this program centered on oral literature, rhymes, songs and stories, designed for children ages 0-5 and their parents. Parents and children learn new rhymes, recite old favorites, sing songs and listen to stories. Course needs a minimum of 4 families to run.

Dates: Thurs Sep 30, Oct 7, 14, 21

Times: 1:30 - 2:30 pm

Registration: \$10/family by Sep 23

Fee: \$20 after Sep 23



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Lifelong Learning ... it's our business.

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Sessions Start September 15, October 20, November 10

On-Line Courses Led by Expert Instructors
Interactive Discussion Areas - New Sessions Begin Monthly
6 Weeks, 12 Lessons . . . 24/7 Learning, at Home

Course of the Month:

Introduction to Microsoft Expression Web

Learn to create websites using Microsoft Expression Web templates, build pages using CSS and HTML; use databases and ASP.NET, and add external style sheets to your Web design Toolbox. Other topics include Search Engine Optimization (SEO), and how to use your site to sell products or advertising space.

Start Your Own Business: Creating A Successful Business Plan

Learn how to turn your business ideas into a solid plan for financing and long-term success and keep your business strategically focused. Work through major components of a business plan - by the end of this course you will have your first draft!

Secrets of Better Photography

Designed for both film and digital photographers, this course is filled with tips and tricks to help you take better photographs. Learn basic technology that all cameras use and receive helpful information on exposure and lighting. Explore strategies for taking excellent photos in all types of situations, including portraiture, landscape, macro and still life.

These are only some of the many courses available for online or distance learning from one of our online learning Partners, Ed2Go.

See www.ed2go.com/eeoc for a full listing.



www.ed2go.com/eeoc



~ Get Email Updates ~

To subscribe to **@eeoc-Connect** our bi-weekly Email Updates, send name and email address to us at:
programs@provostlearning.ca

Visit us on Facebook!
We're listed under Groups -
Provost Adult Learning & Literacy

www.provost.ca/eeoc

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Books for Babies

EEOC provides books that are distributed to all families with new babies in the MD of Provost.



We do
EXAM INVIGILANCE
Call for Appointment



TIPS office
Box 758
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